

## Escape Experience

£69 25 minutes treatment time  
(£10 upgrade fee for Friday-Sunday bookings)  
1 x 25 minute treatment with a choice of:  
- Reynolds Back, Neck & Shoulder Massage  
- Decleor Aromatherapy Facial  
- Reynolds Scalp & Decolette Massage  
- Reynolds Express Body Exfoliation  
- Reynolds Deep Cleansing Back Treatment  
- Decleor Soft Feet  
- File & Polish for Fingers or Toes  
Cream Tea  
Full use of the Facilities  
Robe & Slippers

## Signature Experience

£109 1 hour 25 minutes treatment time  
(£10 upgrade fee for Friday-Sunday bookings)  
Reynolds Back, Neck & Shoulder Massage  
Decleor Aromatherapy Facial (55 mins)  
Cream Tea  
Full use of the Facilities  
Robe & Slippers

## Complete Sanctuary Experience

£119 1 hour 55 minutes treatment time  
(£10 upgrade fee for Friday-Sunday bookings)  
Decleor Aromatherapy Facial (55 mins)  
Reynolds Back, Neck & Shoulder Massage  
File & Polish for Fingers or Toes  
Cream Tea  
Full use of the Facilities  
Robe & Slippers

To book please visit  
[www.reynoldsgroup.co.uk/fitness-spa](http://www.reynoldsgroup.co.uk/fitness-spa) or  
call 01795 479966

## Discovery Pamper Experience

£89 55 minutes treatment time  
(£10 upgrade fee for Friday-Sunday bookings)  
2 x 25 minute treatment with a choice of:  
- Reynolds Back, Neck & Shoulder Massage  
- Decleor Aromatherapy Facial  
- Reynolds Scalp & Decolette Massage  
- Reynolds Express Body Exfoliation  
- Reynolds Deep Cleansing Back Treatment  
- Decleor Soft Feet  
- File & Polish for Fingers or Toes  
Cream Tea  
Full use of the Facilities  
Robe & Slippers

## Mum To Be Experience

£109 2 hours treatment time  
(£10 upgrade fee for Friday-Sunday bookings)  
Reynolds Pregnancy Full Body Massage  
Jessica Zen Spa Pedicure  
Cream Tea  
Full use of the Facilities  
Robe & Slippers

## Treatment Upgrades

*Upgrade your Reynolds Back, Neck & Shoulder Massage*

Lava Shell Relax Back Massage	£5
Reynolds Deep Tissue Back Massage	£5
Decleor Aromatherapy Back Massage	£5

*Upgrade your Reynolds Back, Neck & Shoulder Massage (additional 25 mins)*

Reynolds Full Body Massage	£20
Lava Shell Relax Body Massage	£22
Reynolds Deep Tissue Full Body Massage	£22
Decleor Aromatherapy Full Body Massage	£22

*Upgrade your Decleor Discovery Facial (additional 25 mins)*

Decleor Aromatherapy Facial	£20
Decleor Face Lifting Aromatherapy Facial	£25

## Ultimate Experience

£149 2 hours and 25 minutes treatment time  
(£10 upgrade fee for Friday-Sunday bookings)  
Lava Shell Relax Body Massage  
Decleor Aromatherapy Facial (55 mins)  
Reynolds Scalp & Decolette Massage  
Cream Tea  
Full use of the Facilities  
Robe & Slippers

## Top to Toe - Treatment Only

£109 2 hours 55 minutes treatment time  
(£10 upgrade fee for Friday-Sunday bookings)  
Decleor Aromatherapy Facial (55 minutes)  
Reynolds Back, Neck & Shoulder Massage  
Eyebrow Wax  
Zen Spa Gel Pedicure

## Holiday Ready - Treatment Only

£85 2 hours 45 minutes treatment time  
(£10 upgrade fee for Friday-Sunday bookings)  
High Bikini Wax  
1/2 Leg Wax  
Eyebrow Wax  
Lash & Brow Tint  
(patch test must be completed 48 hours prior)  
Zen Spa Gel Pedicure

## Spa Etiquette

Arriving late will mean that your treatment time is shortened. Your treatment will end on time so that the next guest will not be delayed. The full value of your treatment will be charged.

Lockers are available within the club, however we cannot be held responsible for any loss incurred whilst visiting the club. If you are having a spray tan please wear loose dark clothing. For pedicures please bring along a pair of flip flops or sandals

If we have availability on the day we will happily book your extra treatments. Please call us in advance to avoid disappointment.

## Beauty Treatments

### Eye Tints

Eyebrow Tint	£10	15 mins
Eyelash Tint	£16	25 mins
Eyebrow Tint & Wax	£20	15 mins
Eyelash & Eyebrow Tint	£22	40 mins
Lash Lift (patch test required 48 hrs prior)	£35	60 mins

### Waxing

Eyebrow Tidy	£8	15 mins
Eyebrow Wax	£12	15 mins
Full Leg Wax inc. Bikini Line	£35	45 mins
Full Leg Wax	£29	45 mins
3/4 Leg Wax	£22	30 mins
1/2 Leg Wax	£18	30 mins
Under Arm Wax	£12	15 mins
Full Arm Wax	£20	25 mins
Half Arm Wax	£17	15 mins
Back or Chest Wax	£24	30 mins
Standard Bikini Line	£15	15 mins
High Bikini Line	£17	15 mins

### Premium Hot Wax

Lip Wax	£12	15 mins
Chin Wax	£12	15 mins
Lip & Chin Wax	£15	15 mins
Eyebrow Wax	£15	15 mins
Standard Bikini Wax	£18	15 mins
High Bikini Wax	£20	15 mins
Brazilian Wax	£35	30 mins
Hollywood Wax	£40	45 mins
Under Arm Hot Wax	£14	15 mins

### Hands & Feet

Jessica File & Polish For Hands	£18	25 mins
Jessica Manicure inc. Cuticle Work	£30	40 mins
Jessica Deluxe Manicure inc. Exfoliation & Hot Mitts	£36	55 mins
Jessica File & Polish For Feet	£18	25 mins
Callus Peel with File & Polish	£30	40 mins
Zen Spa Pedicure inc. Foot Rasping & Massage	£35	55 mins
Zen Spa Deluxe Pedicure inc. Exfoliation & Heated Boots	£40	75 mins
Jessica Gel Add On	£12	15 mins
Existing Gel Removal	£10	15 mins
Callus Peel Add On	£10	15 mins

## Massage

### Reynolds

Reynolds Back, Neck & Shoulder	£36	25 mins
Reynolds Full Body	£56	55 mins
Reynolds Deep Tissue Back, Neck & Shoulder	£42	25 mins
Reynolds Deep Tissue Full Body	£62	55 mins
Reynolds Scalp & Decolette	£32	25 mins
Reynolds Deep Cleansing Back Treatment	£42	25 mins
Reynolds Express Body Exfoliation	£32	25 mins
Reynolds Pregnancy Full Body	£62	55 mins

### Decleor

Decleor Aromatherapy Back, Neck & Shoulder	£42	25 mins
Decleor Aromatherapy Full Body	£78	70 mins
Decleor Deep Tissue Bamboo Back, Neck & Shoulder	£42	25 mins
Decleor Deep Tissue Bamboo Full Body	£78	70 mins
Decleor Full Body Workout Massage	£78	70 mins
Decleor Luxury Body Exfoliation Treatment	£55	55 mins
Decleor Soft Feet	£36	25 mins
Decleor Aromatherapy Face & Body Treatment	£85	85 mins
Decleor Relaxing Wrap	£60	55 mins
Decleor Firming Wrap	£60	55 mins
Decleor Repairing Wrap	£60	55 mins

### Lava Shell

Relax Back, Neck & Shoulder Massage	£42	25 mins
Relax Full Body Massage	£62	55 mins
Relax Full Body Massage inc. Tummy	£70	70 mins
Relax Tummy Massage	£40	25 mins
Rescue Muscle Repair Back, Neck & Shoulder	£42	40 mins
Rescue Muscle Repair Full Body	£62	55 mins

### Alternative Treatments

Ear Hopi Candle	£35	45 mins
Indian Head Massage	£42	25 mins

### Spray Tan

Sienna X Spray Tan	£25	25 mins
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## Face

### Decleor

	25 mins	55 mins	85 mins
Decleor Aromatherapy Facial	£35	£55	£65
Decleor Face Lifting Aromatherapy Facial	£39	£64	£70
Decleor Skin Work Out Facial	£39	£64	£70

Decleor Vital Eye Inc. Back Diagnostic	£38	45 mins
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### Environ

Environ Taster Facial	£35	25 mins
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### Environ Essential Treatments

	60 mins	90 mins
Environ Essential Youth Reset	£60	£80
Environ Essential Moisture Boost	£60	£80
Environ Essential Comfort Calm	£60	£80
Environ Essential Radiance Reveal	£60	£80

### Environ Focus-On Treatments

Environ Focus-On Frown	£35	25 mins
Environ Focus-On Eye	£35	25 mins
Environ Focus-On Texture	£35	25 mins
Environ Focus-On Even Tone	£35	25 mins

### Cool Peel Treatments

Environ Cool Peel Youth Renew	£68	60 mins
Environ Cool Peel Moisture Boost	£68	60 mins
Environ Cool Peel Deep Cleansing	£68	60 mins
Environ Cool Peel Bright Recovery	£68	60 mins
Environ Cool Peel Blemish Control	£68	60 mins



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