

Escape Trio Packages

40 Minutes Treatment Time

- Mini Reynolds Back, Neck & Shoulder Massage
- Mini Reynolds Scalp & Décolleté Massage
- Mini Caudalie Facial
- Cream Tea
- Full Use of the Luxury Facilities
- Robe, Towel & Slipper Hire

Days Escape - £139

9:00am - 6:00pm

- Breakfast
- Glass of Prosecco

Afternoon Escape - £119

12:00pm - 6:00pm

Twilight Escape £109

Mon - Fri - 4:00pm - 8:00pm

Sat - Sun - 2:00pm - 6:00pm

- Glass of Prosecco

Discovery Packages

50 Minutes Treatment Time

2 x 25 minute treatments with a choice of:

- Reynolds Back Neck & Shoulder Massage
- Reynolds Scalp & Décolleté Massage
- Reynolds Express Full Body Exfoliation
- Reynolds Deep Cleansing Back Cleanse
- Reynolds Soft Feet Treatment & Foot Massage
- Caudalie D-Vine Facial
- Mii File & Polish on Hands or Feet

- Afternoon Tea
- Full Use of the Luxury Facilities
- Robe, Towel & Slipper Hire

Days Discovery - £159

9:00am - 6:00pm

Includes Breakfast

Afternoon Discovery- £149

12:00pm - 6:00pm



Wellbeing Packages

2 Hours and 10 Minutes Treatment Time

- Breakfast
- Caudalie Vinergetic Facial
- Caudalie Wellness Detox Wrap / Relax Wrap
- Detox Tea / Relax Tea
- Two Course Lunch with a Glass of Meophams Sparkling Wine or Smoothie
- Full Use of the Luxury Facilities
- Robe, Towel & Slipper Hire

Wellbeing Detox - £229

9:00am - 6:00pm

Wellbeing Relax- £229

9:00am - 6:00pm

Complete Melt Away Package

2 Hours and 25 Minutes Treatment Time

- Breakfast
- Caudalie Vinosource Facial
- Sensory Sleep Complete Wellbeing Full Body Massage
- Relax Tea
- Two Course Lunch with a Glass of Meophams Sparkling Wine
- Full Use of the Luxury Facilities
- Robe, Towel & Slipper Hire

Complete Melt Away - £249

9:00am - 6:00pm

Sunrise Spa

Use of spa from 7am -11.30am

1 x 25 minute treatment with a choice of:

- Reynolds Back Neck & Shoulder Massage
- Reynolds Express Full Body Exfoliation
- Reynolds Deep Cleansing Back Cleanse
- Caudalie D-Vine Facial
- Mii File & Polish on Hands or Feet

- Full use of the Luxury Facilities
- Breakfast Or Light Lunch
- Robe, Towel & Slipper Hire
- All Day Flexible Desk Access
- All Day Gym Access

Sunrise Spa- £99

Mum to Be Experience

1 Hours and 20 Minutes Treatment Time

- Breakfast
- Caudalie D-Vine Facial
- Caudalie Pregnancy Full Body Massage
- Afternoon Tea with a Soft Drink or Alc Free Prosecco
- Use of the Luxury Facilities
- Robe, Towel & Slipper Hire

Mum to Be Experience - £189

9:00am - 6:00pm

Afternoon Tea Experience

- Afternoon Tea for 2 People from 3pm
- Use of Facilities from 11am-2:30pm
- Free Flowing Prosecco for 2 Hours with Afternoon Tea

Afternoon Tea Experience - £158



(£10 upgrade fee for Friday-Sunday bookings)

Eye Treatments

Eyebrow Tint	15 mins	£14
Eyelash Tint	15 mins	£20
Eyelash & Brow Tint	30 mins	£24
Eyebrow Wax & Tint	30 mins	£22
Elleebana Lashlift	55 mins	£49

Waxing

Eyebrow Tidy	15 mins	£10
Eyebrow Wax	15 mins	£13
Full Leg inc Bikini Wax	55 mins	£40
Full Leg Wax	40 mins	£32
3/4 Leg Wax	25 mins	£24
1/2 Leg Wax	20 mins	£20
Standard Bikini Wax	15 mins	£17
Extended Thong Bikini line	15 mins	£21
Under arm Wax	15 mins	£12
Full Arm Wax	25 mins	£22
Half Arm Wax	20 mins	£19
Chest or Back Wax	40 mins	£28

Premium Hot Wax

Lip Wax	15 mins	£12
Chin Wax	15 mins	£12
Lip & Chin Wax	15 mins	£18
Eyebrow Wax	15 mins	£15
Standard Bikini Wax	15 mins	£20
Brazilian Wax	40 mins	£35
Hollywood Wax	55 mins	£40
Underarm Wax	15 mins	£14

Mii by Jessica Hands & Feet

Mii File & Polish on Hands or Feet	25 mins	£20
Mii Manicure	40 mins	£32
Mii Deluxe Manicure	55 mins	£38
Mii Spa Pedicure	55 mins	£37
Mii Spa Deluxe Pedicure	70 mins	£42
Mii Callus Peel Inc File & Polish	25 mins	£30
Add On Mii Callus Peel	15 mins	£15
Gel Removal	25 mins	£20
Gel Add on	15 mins	£12

Thermabliss Shell Massage

Thermabliss Shell Back, Neck & Shoulder	25 mins	£52
Thermabliss Shell Full Body	55 mins	£82
Thermabliss Muscle Repair Back Neck Shoulder	25 mins	£52
Thermabliss Muscle Repair Full Body	55 mins	£82

Sensory Sleep Collection

Sensory Sleep Full Body Massage	55 mins	£95
Sensory Sleep With a Touch of Thermabliss Massage	70 mins	£115
Sensory Sleep Complete Wellbeing Full Body Massage	85 mins	£125

Caudalie Facials

Premier Cru Facial Ultimate Anti-Aging	55 mins	£85
Resveratrol Lift Facial Firming, Lifting & Anti-Aging	55 mins	£80
Vinergetic Antioxidant Facial	55 mins	£75
Vinopure Anti-Blemish Facial	55 mins	£75
Vinoperfect Radiance Facial	55 mins	£75
Vinosource Hydrating Nourishing & Soothing Facial	55 mins	£75
Express D-Vine Facial	25 mins	£44

Caudalie Treatments & Massages

D-Vine Back,Face & Scalp Treatment	85 mins	£109
Crushed Cabernet Exfoliating Body Treatment	55 mins	£69
Divine Relaxing & Soothing Full Body Massage	55 mins	£82
Divine Relaxing & Soothing Back Neck & Shoulder Massage	25 mins	£52
Contouring & Invigorating Detox Wrap	55 mins	£86
Relaxing & Nourishing Wrap	55 mins	£86
Caudalie Pregnancy Full Body Massage	55 mins	£86
Caudalie Pregnancy Back Massage	25 mins	£52

Reynolds Treatments & Massages

Reynolds Back Neck & Shoulder	25 mins	£46
Reynolds Full Body	55 mins	£69
Reynolds Deep Tissue Back Neck & Shoulder	25 mins	£53
Reynolds Deep Tissue Full Body	55 mins	£75
Reynolds Scalp & Décolleté	25 mins	£39
Reynolds Soft Feet Treatment & Foot Massage	25 mins	£39
Reynolds Express Full Body Exfoliation	25 mins	£42
Reynolds Deep Cleansing Back Treatment	25 mins	£42

All lash and brow treatments will require a patch test at least 48 hours prior to the appointment.

Alternative Treatments

Hopi Ear Candling	40 mins	£44
Indian Head Massage	40 mins	£52
Reflexology	55 mins	£58
Crystal Healing Full Body Massage	70 mins	£82
Reiki Treatment	70 mins	£82
Blended Aromatherapy Full Body Massage	70 mins	£82

Spa Day Treatment Upgrades

Upgrade your Reynolds Back Massage

Thermabliss Back Massage	£8
Reynolds Deep Tissue Back Massage	£8
Caudalie Relaxing & Soothing Back Massage	£8

Upgrade your Reynolds Back Massage (Additional 25 mins)

Thermabliss Full Body Massage	£30
Reynolds Full Body Massage	£22
Reynolds Deep Tissue Body Massage	£28
Caudalie Divine Full Body Massage	£35

Upgrade your Reynolds Express Exfoliation to a Caudalie Full Body

Caudalie Crushed Cabernet Body Treatment	£25
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Upgrade your Caudalie Express D-Vine Facial (Additional 25 mins)

Caudalie Vinopure, Vinergetic, Vinosource Facial	£30
Caudalie Resveratrol Lifting Facial	£35
Caudalie Premier Cru Ultimate Anti-Aging Facial	£40

