

## Escape Experience

£69 25 minutes treatment time  
(£10 upgrade fee for weekend bookings)  
1 x 25 minute treatment with a choice of:  
- Reynolds Back, Neck & Shoulder Massage  
- Decleor Discovery Facial  
- Reynolds Scalp Massage  
- Decleor Soft Feet  
- File & Polish for Fingers or Toes  
Cream Tea  
Use of the Facilities\*  
Robe & Slippers

## Signature Experience

£110 1 hour 25 minutes treatment time  
(£10 upgrade fee for weekend bookings)  
Reynolds Back, Neck & Shoulder Massage  
Decleor Signature Facial  
Cream Tea  
Use of the Facilities\*  
Robe & Slippers

## Complete Sanctuary Experience

£125 1 hour 55 minutes treatment time  
(£10 upgrade fee for weekend bookings)  
Decleor Reset & Revitalise Facial  
Reynolds Back, Neck & Shoulder Massage  
File and Polish for Fingers or Toes  
Cream Tea  
Use of the Facilities\*  
Robe & Slippers

To book please visit  
[www.reynoldsgroup.co.uk/fitness-spa](http://www.reynoldsgroup.co.uk/fitness-spa)  
or call 01322 522209

## Discovery Pamper Experience

£89 55 minutes treatment time  
(£10 upgrade fee for weekend bookings)  
2 x 25 minute treatment with a choice of:  
- Reynolds Back, Neck & Shoulder Massage  
- Decleor Discovery Facial  
- Reynolds Scalp Massage  
- Decleor Soft Feet  
- File & Polish for Fingers or Toes  
Cream Tea  
Use of the Facilities\*  
Robe & Slippers

## Treatment Upgrades

*Upgrade your Reynolds Back, Neck and Shoulder Massage*

Lava Shell Relax Back Massage	£5
Decleor Deep Tissue Back Massage	£5
Decleor Aroma Back Massage	£5
Bamboo Back Massage	£5

*Upgrade your Reynolds Back, Neck & Shoulder Massage (additional 25 mins)*

Lava Shell Relax Body Massage	£20
Decleor Deep Tissue Full Body Massage	£20
Decleor Aroma Full Body Massage	£20
Decleor Bamboo Full Body Massage	£20

*Upgrade your Decleor Discovery Facial (additional 25 mins)*

Decleor Reset & Revitalise	£20
Decleor Anti Aging Facial	£25
Decleor Vital Eyes Add On	£15

\*Use of facilities does not include steam room and sauna due to government guidelines

## Deluxe Experience

£229 3 hours 55 minutes treatment time  
(£10 upgrade fee for weekend bookings)  
Lava Shell Relax Body or Bamboo Full Body Massage  
Decleor Anti Aging Facial  
Deluxe Jessica Manicure or Pedicure  
Reynolds Scalp Massage  
Cream Tea  
Use of the Facilities\*  
Robe & Slippers

## Ultimate Experience

£179 2 hours and 25 minutes treatment time  
(£10 upgrade fee for weekend bookings)  
Lava Shell Relax Body Massage  
Decleor Signature Facial  
Reynolds Scalp Massage  
Cream Tea  
Use of the Facilities\*  
Robe & Slippers

## Spa Etiquette

Arriving late will mean that your treatment time is shortened. Your treatment will end on time so that the next guest will not be delayed. The full value of your treatment will be charged.

Lockers are available within the club, however we cannot be held responsible for any loss incurred whilst visiting the club.

If you are having a spray tan please wear loose dark clothing. For pedicures please bring along a pair of flip flops or sandals

If we have availability on the day we will happily book your extra treatments. Please call us in advance to avoid disappointment.

## Beauty Treatments

### Eye Tints

Eyebrow Tint	£10	15 mins
Eyelash Tint	£16	25 mins
Eyebrow Tint & Wax	£20	15 mins
Eyelash & Eyebrow Tint	£22	40 mins
Lash Lift (patch test required 48 hrs prior)	£35	60 mins

### Waxing

Eyebrow Tidy	£8	15 mins
Eyebrow Wax	£12	15 mins
Full Leg Wax inc. Bikini Line	£35	45 mins
Full Leg Wax	£29	45 mins
3/4 Leg Wax	£22	30 mins
1/2 Leg Wax	£18	30 mins
Under Arm Wax	£12	15 mins
Full Arm Wax	£20	25 mins
Half Arm Wax	£17	15 mins
Back or Chest Wax	£24	30 mins
Standard Bikini Line	£15	15 mins
High Bikini Line	£17	15 mins

### Premium Hot Wax

Lip Wax	£12	15 mins
Chin Wax	£12	15 mins
Lip & Chin Wax	£15	15 mins
Eyebrow Wax	£15	15 mins
Standard Bikini Wax	£18	15 mins
High Bikini Wax	£20	15 mins
Brazilian Wax	£35	30 mins
Hollywood Wax	£40	45 mins
Under Arm Hot Wax	£14	15 mins

### Hands & Feet

Jessica File & Polish For Hands	£18	25 mins
Jessica Manicure inc. Cuticle Work	£30	40 mins
Callus Peel (Hard Skin Removal)	£10	15 mins
Jessica File & Polish For Feet	£18	25 mins
Deluxe File & Polish For Feet inc. Callus Peel	£30	40 mins
Zen Spa Pedicure inc. Foot Rasping & Massage	£35	55 mins
Jessica Gel Add On	£12	15 mins
Existing Gel Removal	£10	15 mins

## Massage

Reynolds Signature Back, Neck & Shoulder	£36	25 mins
Reynolds Signature Full Body	£56	55 mins

### Decleor Massage

Decleor Aromatherapy Back, Neck & Shoulder	£42	25 mins
Decleor Aromatherapy Full Body	£62	55 mins
Decleor Deep Tissue Back, Neck & Shoulder	£42	25 mins
Decleor Deep Tissue Full Body	£62	55 mins
Decleor Bamboo Back, Neck & Shoulder	£42	25 mins
Decleor Bamboo Full Body	£62	55 mins
Decleor Aroma Blend Firmness or Refine	£42	25 mins
Decleor Aroma Blend Firmness or Refine	£62	55 mins

### Lava Shell Massage

Relax Back, Neck & Shoulder Massage	£42	25 mins
Relax Full Body Massage	£62	55 mins
Relax Full Body Massage inc. Tummy	£70	70 mins
Relax Tummy Massage	£40	25 mins
Rescue Muscle Repair Back, Neck & Shoulder	£42	40 mins
Rescue Muscle Repair Full Body	£62	55 mins

## Body

Reynolds Signature Scalp Massage	£32	25 mins
Ear Hopi Candle	£35	45 mins
Indian Scalp Massage	£42	45 mins
Reflexology Taster	£32	25 mins
Reflexology	£52	55 mins

### Decleor Aroma Body

Decleor Revitalise & Hydrate Body Wrap	£60	55 mins
Cleansing & Purifying Back Massage	£40	45 mins
Decleor Tranquility Scalp Massage	£36	25 mins
Decleor Soft Feet	£36	25 mins

## Face

Decleor Discovery Facial	£35	N/A	N/A
Decleor Reset & Revitalise	N/A	£55	£65

### Decleor Signature Facials

Decleor Quench & Protect	£35	£60	£70
Decleor Clean & Protect	£35	£60	£70
Decleor Even & Bright	£35	£60	£70
Decleor Calm & Strengthen	£35	£60	£70

### Decleor Advance Anti Aging

Decleor Sculpt & Revitalise	£39	£64	£75
Decleor Plump & Lift	£39	£64	£75
Decleor Vital Eye inc. Back Diagnostic	£38	N/A	N/A

Environ Taster Facial	£35	25 mins
Environ Body Sculpt	£65	55 mins

### Environ Essential Treatments

Environ Essential Youth Reset	£60	£80
Environ Essential Moisture Boost	£60	£80
Environ Essential Comfort Calm	£60	£80
Environ Essential Radiance Reveal	£60	£80

### Environ Focus-On Treatments

Environ Focus-On Frown	£35	25 mins
Environ Focus-On Eye	£35	25 mins
Environ Focus-On Texture	£35	25 mins
Environ Focus-On Even Tone	£35	25 mins
Environ Focus-On Body Profile	£35	25 mins

### Cool Peel Treatments

Environ Cool Peel Youth Renew	£68	60 mins
Environ Cool Peel Moisture Boost	£68	60 mins
Environ Cool Peel Deep Cleansing	£68	60 mins
Environ Cool Peel Bright Recovery	£68	60 mins
Environ Cool Peel Blemish Control	£68	60 mins
Environ Micro Peel Vibrant-C	£50	45 mins

